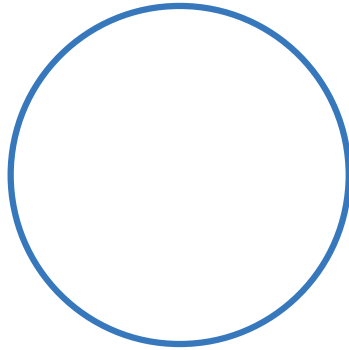


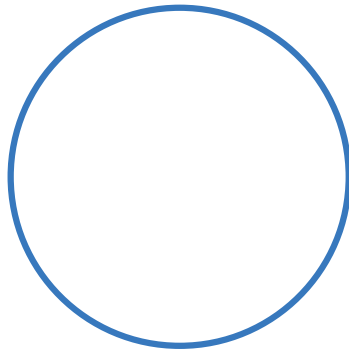
KS2

Date:

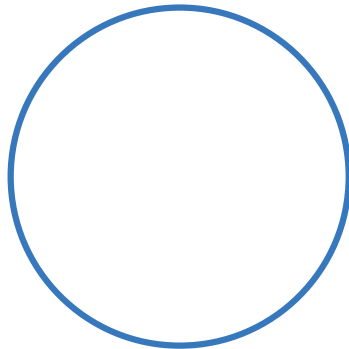
Level 6
Plan my
own fitness



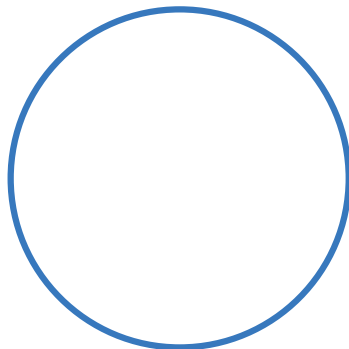
Level 5
Prepare
myself for
activity



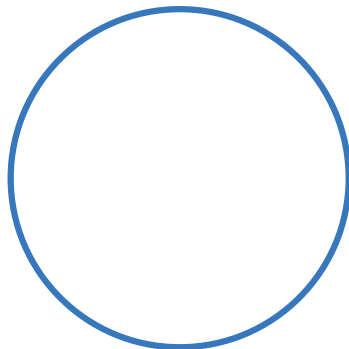
Level 4
Explain how
to exercise



Level 3
Explain
why

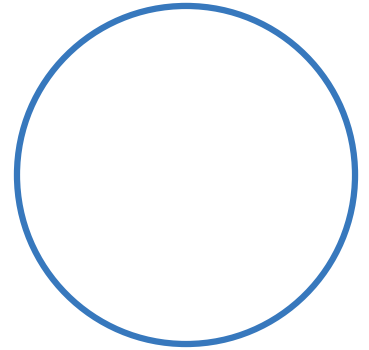


Level 2
Practise
safely

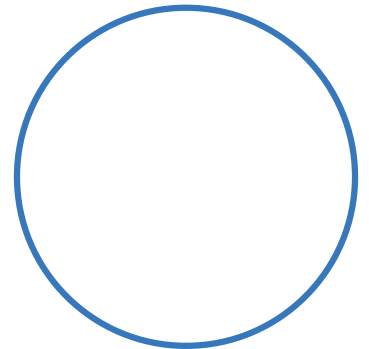


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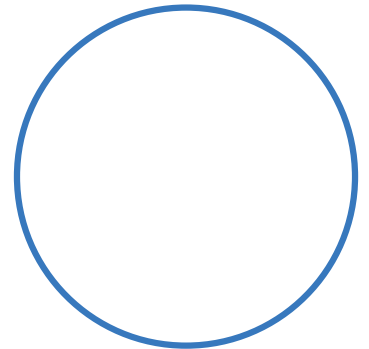
Level 6
Plan my
own fitness



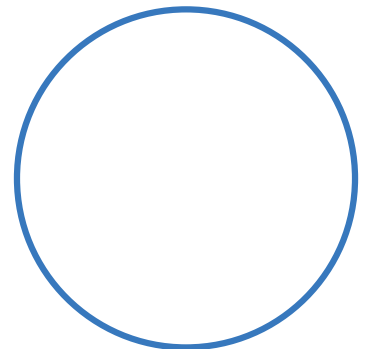
Level 5
Prepare
myself for
activity



Level 4
Explain how
to exercise



Level 3
Explain
why



Level 2
Practise
safely

