

How to use the Lesson Plan...

This provides a visual map of the structure of the lesson and the suggested activities.

Review Question 1
Focuses on reviewing learning from previous week or lesson.

Equipment

Outlines the range of equipment required for the lesson.

Learning Goals

Indicates the Fundamental Movement Skill focused on and provides a suggestion of which FUNS Station and the recommended colours to use to include and challenge all learners. These can be adjusted and/or tweaked according to the needs of the group and are supported by the **FUNS Cards** and **FUNS DVD**.

Review Question 2
Focuses on reviewing learning around the physical skills or the 'multi-ability' focus.

Indicates the 'multi-ability' area focused on and provides a suggestion of tiered and progressive learning goals to include and challenge all learners. These can be adjusted and/or tweaked according to the needs of the group and are taken directly from the assessment framework. They are supported by a number of monitoring and tracking tools.

Success =

Provides suggested success criteria to share with the learners in relation to the Fundamental Movement Skill they are practising or the competition.

2. Personal Best Challenge/ Cardio FUNS

An activity to establish a Personal Best score at the start of the unit which is revisited at the end of the unit. Or specific Fundamental Movement Skill that will also raise the heart rate.

1. Warm-up

A 'fusion warm-up' or 'Compete to Learn' activity that can be developed and progressed over a period of weeks.

3. Personal Best Challenge/Skill Application

An activity to establish a Personal Best score at the start of the unit which is revisited at the end of the unit. Or exciting cooperative or competitive game linked to the assessment foci.

4. Cool Down FUNS/Review Method

A specific and static Fundamental Movement Skill /Innovative ideas to encourage review.

Home Challenge

Provides a suggestion of an activity or challenge that the children can try away from the lesson e.g. at home or in the playground.

Review Question 4

Focuses on next steps, practice or future learning.

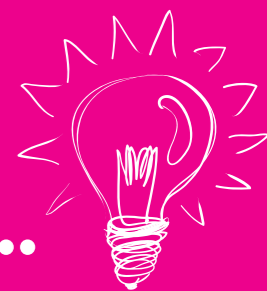
Learning Points

Provides suggested key points in relation to both the Fundamental Movement and 'multi-ability' learning goals.

These should be shared and discussed as appropriate with the learners to support their understanding and to help them progress.

Review Question 3
Focuses on reviewing learning around the physical skills or the 'multi-ability' focus.

Have you thought about...



Provides additional ideas to use within the lesson to ensure they are active, inclusive and challenging. Will sometimes focus specifically on inclusion and may refer to supporting resources.