

Dreikurs: Summary

Strategy	Immediate emotional response	Automatic action	Pupil response	Reinforces pupil's strategy because...	Alternative
Attention seeking	Irritated, annoyed	Tell child to stop, give attention	Stops, but then starts again	Behaviour got attention	Use positive reinforcement strategies: <ul style="list-style-type: none"> ✓ Catch them being good ✓ specific praise ✓ Ignore/praise strategy
Power seeking	Challenged, angry	Feel drawn in and the need to argue/take back control	Pupil confronts or ignores authority	Models feelings that 'might is right' i.e. control is important	<ul style="list-style-type: none"> ✓ Refuse to fight ✓ Avoid pointless exchanges ✓ Refocus conversation to get pupil back to task ✓ Broken record technique
Escape by withdrawal	Helpless, frustrated	Frustration leads to doing it for them	Pupil loses interest, gives up	Suggests to pupils they are helpless	<ul style="list-style-type: none"> ✓ Don't accept no for an answer ✓ Carefully match demands made on pupils with skill levels (educationally and socially)
Revenge seeking	Hurt, let down, disgusted	Feel drawn to punish pupil	Becomes devious, hostile or violent	Punishment can give pupil justification for further acts of revenge	<ul style="list-style-type: none"> ✓ Make a distinction between the pupil and the behaviour (pupil accepted, behaviour not) ✓ Listen and reflect feelings