



# Ashley Junior School

Aspiration • Resilience • Respect • Responsibility



## Level 1 and 2 Bikeability Training

Bikeability training date:  
26<sup>th</sup> November 2018

Dear Year 5 Parent / Guardian,

We would like to offer your child the opportunity to take part in the national cycling scheme Bikeability. This is delivered by Level 2 qualified instructors in which all students receive a total of 8 hours instruction on the playground and on roads around their local area.

The first session is conducted on the playground, followed by on road cycling using quiet residential streets surrounding the school for the rest of the week. The main aim of the course being that the children will be able to make a short journey in a safer manner and be more aware of road safety issues.

If your child is not able to ride a bike then they can participate with the group on the first day on the playground, although unfortunately our instructors are not able to support them on the on the road for the rest of the week. Please contact the school to discuss what provision might be available for them during this time.

Each child will need a fully operational bike with two working brakes and a cycle helmet. If they **do not have access** to a helmet or bike please let your school know and we will endeavour to make the necessary provisions. The first session will include a full bike check and we will inform parents of any adjustments we feel may be necessary for the safety of your child. Hi-Vis jackets will be provided to all children during the training.

At the end of the training the children will be given a certificate confirming they have completed the course and will highlight their current cycling level.

I would be grateful if you could complete the attached permission slip and return to your school as soon as possible in order that we can ensure every child is provided for.

Should you have any questions please do not hesitate to contact me via your school.

Yours Sincerely

*G. Vincent*

Glenn Vincent

Bikeability Co-ordinator

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## Bikeability Training

*Please return this form to your school representative / class teacher*

Bikeability training date:  
26<sup>th</sup> November 2018

Student name: .....

Class: .....

*Please put a tick in the appropriate boxes below;*

- My child cannot ride a bike
- My child has a bike in good working order
- My child will need to borrow a bike
- My child will need to borrow a helmet

Please use the box below for any additional relevant information.

I give permission for my child to take part in the Bikeability training.

Signed Parent / Guardian: .....

Date: .....