



# Ashley Junior School

Aspiration • Resilience • Respect • Responsibility

12<sup>th</sup> January 2022

Dear Parent / Carer

## Head Lice Year 3

Some cases of head lice have been reported. Please could we all take extra care with checking children's hair. Although lice can be seen in dry hair, the best way to check is by combing wet hair with a fine toothed 'detector' comb.

Treatment, if necessary, can be done by either:

Wet-combing method:

- Wash the hair in the normal way with an ordinary shampoo
- Use lots of hair conditioner and while the hair is very wet, comb through the hair from the roots with a wide-tooth comb to remove tangles, and then use a fine toothed comb. Make sure the teeth of the comb slot into the hair at the roots with every stroke and do this over a pale surface such as a paper towel or the bath.
- Wet lice find it difficult to escape and hair which is slippery from conditioner makes it hard for them to keep a grip – so removal with the comb is easier.
- Clear the comb of lice between each stroke
- If you find any lice then repeat this routine every three to four days for two weeks so that any lice emerging from the eggs are removed before they can spread.

Using lotions:

- These are available from the chemist over the counter or on prescription for children. The chemist will advise on which lotion to use. It is important to follow the instructions on the packet.

If lice are found, it is most important to check and, if necessary, treat the rest of the household. Regular wet-combing as part of routine hair washing is the best way to prevent the problem recurring.

Let's stop making life too easy for the louse!

Yours sincerely

**Mr Rix**  
**Headteacher**